



RISK MANAGEMENT POLICIES

Introduction

The Haliburton Real Easy Ryders (hereafter referred to as the Club) is a volunteer, non-profit organization that focuses on recreational group cycling and promotes social interaction among Club members. The Club endeavours to make all rides as safe as possible. To help achieve this, the Club has developed Risk Management Policies which define the Club's position related to safety.

Safe Riding Policies

1. Each member must wear a properly fitting and approved cycling helmet whenever cycling on a Club ride. The Ride Captain(s) and/or a Board member will not allow any member to participate without the required helmet.
2. All members must obey the Highway Traffic Act and agree to cycle in a safe, responsible and courteous manner at all times. All bicycles must be fitted with a bell or horn. It is strongly recommended that all bicycles have a mirror, reflective tape and/or flashing lights.
3. Due to the risk associated with the use of electronic devices (including cell phones, MP3 players, iPods etc.) while cycling, the use of electronic devices and ear buds is prohibited when cycling on a Club ride. Members are to be 'hands free' when cycling.
4. Each member is responsible for ensuring that his/her bicycle is in proper and safe working order.
5. Members are encouraged to use the "buddy system" on all rides. Members are to inform their buddy if they are leaving the ride for any reason.
6. Members shall remove themselves from a ride if they know or sense that continued participation may be a risk to themselves or others.
7. Ride Captains and/or Board members are encouraged to share safe cycling practices with other members before and during a ride.
8. All members should carry personal identification and emergency contact information on all rides.

9. Prior to each ride, Ride Captains and/or a Board member will inform members of the suggested route(s) and plans for the ride. On the spring and fall “out of town” trips, maps and written directions will be provided and reviewed prior to each ride.
10. Each member is to assume full responsibility for his/her personal safety on all rides.
11. Whenever possible, all members should carry a cell phone on each ride in case of emergency.
12. A member who witnesses an incident involving injury and/or property damage is responsible for reporting the incident to a Board member and, if necessary, to the police. The Board member is responsible for ensuring that a Sports Injury Form is completed as soon as possible.
13. Board members are to carry Sports Injury Forms with them on all rides and are encouraged to take pictures of all incidents involving personal injury or property damage.